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COVID-19 Social Distancing: Cyberbullying Resources

By Leta E. Gorman

Bullying of children and teens happens whether they interact with others in person or through social media. Like the horrible virus, research suggests cyberbullying will continue to spread during social distancing because social media is their primary form of communication. (See, e.g., <https://cyberbullying.org/coronavirus-online-learning-social-isolation-cyberbullying>).

Youth are more frequently making and perpetuating comments about others – both positive and negative. Comments made on social media can have unintended consequences and could be considered bullying.

If you read or hear social media you perceive to be bullying of your child, contact Leta Gorman at leta.gorman@bullivant.com who can help you consider options to protect your child.

The below links provide information to protect and educate your children and family.

- Find comprehensive information about bullying at <https://www.stopbullying.gov/>
- Cyberbullying Research Center <https://cyberbullying.org>

**If you or someone you know is at risk of suicide, please contact
<https://www.linesforlife.org/> or
the U.S. National Suicide Prevention Lifeline at 800-273-8255.**